

CROWN RESORT HOTEL
CORAL BAY

SPA
TONIC

gym
pool



SPA/GYM MEMBERSHIP PRICES

(NO UNDER 16's ALLOWED IN THE GYM)

	1 DAY	1 WEEK	2 WEEKS
single	€8.50	€21	€38
1 MONTH			
single	€55		
couple	€100		
3 MONTHS			
single	€150	(€50 per person per month)	
couple	€270	(€45 per person per month)	
6 MONTHS			
single	€270	(€45 per person per month)	
couple	€500	(€41.65 per person per month)	
12 MONTHS			
single	€500	(€41.65 per person per month)	
couple	€900	(€37.45 per person per month)	

POOL ONLY MEMBERSHIP

(HEATED FROM NOV-MAY, DOES NOT INCLUDE CLASSES)

	ADULT	CHILD
1 DAY	€7	€5
1 WEEK	€15	€10
2 WEEK	€25	€15
1 MONTH	€39	€25

TODDLERS GO FREE.

PERSONAL TRAINING

single	1 hr	€35
couple	1 hr	€55

SPORTS MASSAGE

25 mins	€34
55 mins	€45

WE OFFER A FREE OF CHARGE HEALTH CONSULTATION TO ALL MEMBERS AND A FREE PERSONAL TRAINING SESSION TO ANY MEMBER THAT SIGNS FOR A 6 MONTH OR 12 MONTH CONTRACT.

IT IS POSSIBLE TO FREEZE YOUR MEMBERSHIP IF YOU ARE NOT ATTENDING THE SPA FOR ATLEAST 3 WEEKS OR MORE. YOU CANNOT FREEZE YOUR MEMBERSHIP IF YOU HAVE A 1 MONTH MEMBERSHIP. YOU CAN ONLY FREEZE YOUR MEMBERSHIP TO THE EQUIVALENT OF YOUR CHOSEN MEMBERSHIP I.E, 3 MONTH CONTRACT YOU CAN FREEZE FOR A TOTAL OF 3 MONTHS, EQUATING TO A 6 MONTH MEMBERSHIP.

AS A MEMBER YOU RECEIVE 10% OFF ALL BEAUTY TREATMENTS (INC SPORTS MASSAGE) & 20% OFF HAIR.

RULES & REGULATIONS-PLEASE READ

1. Please sign in and out at reception for security purposes.
2. Please respect that correct sports wear must be worn whilst using the gym, which includes trainers. This is for your safety. The management reserve the right to refuse admission if correct attire is not worn.
3. It is requested by the hotel that members of the gym bring their own towel.
4. Please do not adjust the volume level on the stereo. This is set so that other guests can enjoy the Spa too. Please do not change the CD or bring your own music.
5. Please ask for a locker key at reception so that you can store your belongings in the changing rooms.
6. Please refrain from using your mobile in the gym.
7. Always shower before using the pool facilities and inbetween heat rooms and please do not enter the pool before 8.00am.
8. The Spa and Fitness facilities are open to persons aged 16 and over.

The Spa is open Mon-Sat 8am-7pm & Sun 8am-5pm.

SPA TONIC Horizon Crown Resort Hotel, Coral Bay. t: 26623924 (direct) or 26813800 & ask for the spa. e: spa.tonic@yahoo.co.uk