

GYM/POOL MEMBERSHIP



SPA/GYM MEMBERSHIP PRICES

(NO UNDER 16's ALLOWED IN THE GYM)

1 DAYsingle €8.50 €21 €35 €47

(A day pass does not include any classes)

1 MONTH

single €55 couple €100

3 MONTHS

single €150 (€50 per person per month)

Couple €270 (€45 per person per month)

6 MONTHS

single €270 (€45 per person per month)

couple €500 (€41,65 per person per month)

12 MONTHS

single €360 (€30 per person per month)

couple €700 (€29.16 per person per month)

POOL ONLY MEMBERSHIP

(HEATED FROM NOV 1ST-MAY 1ST, DOES NOT INCLUDE CLASSES)

e)

UNDER 3 YEARS OF AGE GO FREE.

PERSONAL TRAINING

single 1 hr €35 single $4 \times 1 \text{hr} \in 100 \text{ (Pre paid)}$ couple 1 hr €55

ONE TO ONE YOGA

single 75 mins €50

SPORTS MASSAGE

25 mins €38 55 mins €55 10% OFF THIS PRICE FOR

CYPRUS RESIDENTS

SWIM LESSONS

30 mins €20 Group sessions 4 x 30 mins €30

We offer a free of charge health consultation to all members and a free personal training session to any member that signs for a 3, 6 or 12 month contract.

It is possible to freeze your membership if you are not attending the spa for at least 3 weeks or more. You cannot freeze your membership if you have a 1 month membership.

You can only freeze your membership to the equivalent of your chosen membership i.e, 3 month contract you can freeze for a total of 3 months, equating to a 6 month membership.

PERKS!

SPA TONIC members receive up to 30% on food and beverages within the hotel, just produce your card before ordering.

SPA MEMBERS ONLY 25% OFF BEAUTY

ENJOY 25% OFF OUR BEAUTY THERAPIES AT SPA TONIC.

VALID ONLY TO THIS CARD HOLDER. CARD MUST BE SHOWN WHEN PAYING. VALID ON BEAUTY THERAPIES THAT AREN'T ALREADY REDUCED OR ON OFFER.

NOT VALID ON VOUCHERS. VALID IN 2017.



RULES & REGULATIONS-PLEASE READ

- 1. Please sign in and out at reception for security purposes.
- 2. Please respect that correct sports wear must be worn whilst using the gym, which includes trainers. This is for your safety, The management reserve the right to refuse admission if correct attire is not worn.
- 3. We can provide you with a locker key so that you can store your belongings in the changing rooms when available.
- 4. Please bring your own towel from home.
- 5. Please refrain from using your mobile in the gym.
- 6. Always shower before using the pool facilities and in between heat rooms and please do not enter the pool before 8.00am.
- 7. The Spa and Fitness facilities are open to persons aged 16 and over.
- 8. Memberships are not transferable, refunds will not be given after payment is received by Spa Tonic.
- 9. Classes must be booked in advance. There is an option to sign up at reception 1 week in advance. Restrictions apply. The Spa is open Mon-Sat 8am-7pm & Sun 9am-5pm.

SPA TONIC Crown Resorts Horizon, Coral Bay, t: 00357 26623924 (direct) or 00357 26813800 & ask for the spa.